

SESSION #1 | THE DECLUTTERING DIVA 10am 3rd Oct, Oliver Brown

An accredited professional organiser will deliver a session on the psychology of clutter and how to organise your life.

SESSION #2 | RACHAEL FINCH 10am 5th Oct, Centre Court

A 60 minute interactive wellness education covering a variety of topics including diet, living a better life and how to feel amazing every day.

SESSION #3 | WENDY GILROY

10am 11th Oct, The Groove Train

A 90 minute session for mums providing lifelong evidence-based tools & tips to find inner peace, grow resilience and emotional wellness.

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SESSION #4 | CASSIE MENDOZA-JONES

10am 18th Oct, Centre Court

A 60-90 minute session on self-worth and self-trust with the best-selling author, kinesiologist, business alignment coach and naturopath.

SESSION #5 | LIPSENSE BEAUTY SEMINAR

1pm 5th October, Centre Court

Here's your chance to decipher what your skin type is, learn about what your skin needs, and a few truths no one in the beauty industry wants to tell you!

SESSION #6 | CHANGING HABITS 10am 10th & 17th Oct, Centre Court

Learn how to nourish yourself from the inside out, at these gut health and common food myths workshops with Changing Habits.

SESSION #7 | OPSM EYE HEALTH 10am, 11:30am, 1:30pm, 3pm & 4pm 11th Oct, Centre Court

To celebrate World Sight Day, OPSM will be hosting eye health talks throughout the day, with guest appearances from Penny the Pirate!

SESSION #8 | SUNCORP FIRST HOME BUYERS SESSION

6pm 11th Oct. Centre Court

Looking to buy your first home? Come along to this session with Suncorp to learn all the tips and tricks!

SESSION #9 | COMPLIMENTARY SKIN CONSULTS & FACIALS

12pm 18th Oct & 2pm 19th Oct, Centre Court

Enjoy FREE skin consults and mini facials with Mia Bella!

SESSION #10 | LIBERTY HAIR STYLE SESSION

2pm 18th Oct, Centre Court

Learn how to perfect the beachy-wave look at this step-by-step style session!

SESSION #11 | THE BLOCK TOOLS DOWN THURSDAY 6pm 18th Oct. Centre Court

Meet The Block's Jess & Norm at Tools Down Thursday! The Block contestants will be hosting challenges, meet and greets, giveaways and more!



Nous deals



GUZMAN Y GOMEZ

Receive complimentary brown rice when you request a 'Healthy Suggestion' (Grilled Chicken) Burrito Bowl.*

THE GROOVE TRAIN

Buy 1 main meal, get one free.*

SURF DIVE 'N' SKI

Further 50% off already reduced items.*

BRAS N THINGS

Complimentary bra fitting.*

OLIVER BROWN

Coffee & Churros for \$9.*

GELATISSIMO

Dairy FREE shake for \$7 (save \$1.50).*

BAY AUDIO

FREE hearing tests.*

OPSM

20% off sunglasses.*

*Valid 6 & 7, 13 & 14, 20 & 21 Oct. See in store for more details.

MIA BELLA

Purchase a one hour classic facial and receive FREE LED and an eyebrow wax and tint.*

WOOLWORTHS

Free fruit for kids.

WILD CARDS & GIFTS

10% off crystal carvings bracelets (RRP \$44.99).*

SUNSHINE NAILS STUDIO

20% off nail services.*

GOOD BEAN

\$6 small coffee and protein ball.*

*Only valid 11 October. Small coffee only. Not including specialty milks. While stocks last. Limited quantities apply.

GOOD BEAN

\$3 small tumeric, beetroot or matcha latte*.

Only valid 18 October. Small coffee only. Not including specialty milks. While stocks last.



Offers strictly Timited to Kaivans Shoppingworld only from 1-21 October 2018 upon presentation of this guide. The offer cannot be redeemed for Cash or against a prior purchase & cannot be used in conjunction with any other offer or discount entitlement. Further exclusions & conditions may apply, see in store for full details.

YOU FIRMATIONS 1st - 21st Oct

Find your favourite you-firmation! Spot these inspiring messages throughout your centre as daily reminders of how great you are.

DRESS FOR SUCCESS

1st - 21st October

Show your support for working women with this charity handbag drive, aiming to empower women to achieve economic independence. Located at the Customer Service Desk.

DOTERRA KIDS ESSENTIAL OILS WORKSHOP

10am-1pm, 1st - 4th Oct Centre Court

With a different activity every day, kids can create their own essential oils bracelets, bath salts and more!

YOU BOOTH

4th - 21st Oct, next to Bakers Delight

Visit our electric confetti booth to bring your selfie game to the next level, and be in the draw to WIN. Remember to hashtag #KawanaFestivalofYou so we can see your best selfies yet!

GRILL'D KIDS BURGER WORKSHOPS 2nd - 5th October, Grill'd

Learn how to make healthy burgers, and eat them too at these kids workshops! To book, call Grill'd Kawana at 5444 0455.

GOOD BEAN MINDFUL COLOURING & COFFEE

1pm-pm 4th Oct, Good Bean

Enjoy mindful colouring in and \$2 coffee at Good Bean!

*Small coffee only. Not including specialty milks. Dine-in only.

BOOST JUICE BIKE N BLEND 11am-3pm 6th & 7th Oct

Collect your ingredients, get on the special Boost bike and pedal to blend your own smoothie!

GRILL'D TASTINGS

4:30pm-5pm 11th Oct, 11am-12pm 13th & 20th Oct, Centre Court

Taste test brand new menu items from Grill'd!

BLACK PEPPER FASHION PARADE 9:30am 12th Oct, Black Pepper

View the season's latest styles at Black Pepper's fashion parade, in support of Ovarian Cancer Australia. Enjoy complimentary morning tea, gift card giveaways, plus spend \$100 in store and save \$15!

PRICELINE BEAUTY EVENT 10am-4pm 12th & 13th Oct, Centre Court

Sit down with a Priceline Beauty Advisor to try the latest products and techniques, get your own Rimmel temporary tattoo, and enjoy lucky dip makeup prizes!

HEALTHY LIVING TASTINGS 12th Oct, Healthy Living

Taste test Vital Greens & the Australian Bush Flower range at Healthy Living.

